



**Bedtime Bonnet**  
By Nancy Redd  
Illustrated by Nneka Myers

**Recommended books:**

**Theme: Hair**

***The Haircut* by Theo Heras**

***My Hair is Beautiful* by Shauntay Grant**

***Hair Love* by Matthew Cherry**

***Cool Cuts* by Mechal Renee Roe**

***I Love My Hair* by Natasha Anastasia Tarpley**

***Mo's Mustache* by Ben Clayton**

***Mustache Baby* Bridget Heos**

**Theme: Bedtime**

***Bedtime for Sweet Creatures* by Nikki Grimes**

***Nighttime Symphony* by Timbaland**

***Brown Baby Lullaby* by Tameka Fryer Brown**

***Just Because* by Mac Barnett**

***The Yawns Are Coming* by Christopher Eliopoulos**

**Fingerplays and Action Rhymes:**

### **So Early in the Morning**

(Tune: Here We Go 'Round the Mulberry Bush)

This is the way we wash our hands  
Wash our hands, wash our hands  
This is the way we wash our hands

Verses:

Brush our teeth...

Comb our hair...

Wash our face...

Shine our shoes...

Tie our shoes...

[Jbrary](#)

### **Going to Bed**

This little child is going to bed, (point to self)  
Down on the pillow he lays his head, (rest head on hands)  
He wraps himself in a blanket tight, (hug yourself)  
And this is the way he sleeps all night,  
*Zzzzzzz...ZZZZZZZZzz*

Morning comes, he opens his eyes, (raise head, eyes open wide)  
Off with a toss the covers fly, (fling arms wide)  
Soon he is up and dressed and awake, (jump up)  
Ready for fun and play all day, (clap hands and turn in a circle).

### **Charley needs a haircut**

Charley needs a haircut, (make scissor fingers on hair)  
Doesn't want to go (shake head "no")  
Even though the barber  
Has three chairs in a row (hold up 3 fingers)  
One for Charley's father (fold down one finger)

One for brother Ken (fold down second finger)  
Another chair for Charley  
Will he go, or has he been? (wiggle finger back & forth)

Source: Perry Public Library

### **Songs:**

### **Activity:**

Make a face with fabulous hair. Source: [My Storytime Corner](#)

